

# ywca SAN GABRIEL VALLEY

# our voice



943 No. Grand Ave.  
Covina, CA 91724  
(626) 960-2995  
www.ywcasgv.org

SENIOR SERVICES  
YWCA Intervale  
24-Hour Message Line:  
(626) 214-9465

DOMESTIC VIOLENCE  
YWCA WINGS  
24-Hour Help Line:  
(626) 967-0658

## eliminating racism empowering women

## December 2012

**OUR MISSION** • *To eliminate racism, empower women, and promote peace, justice, freedom and dignity for all.*

### YWCA SGV Programs

**Services for Domestic Violence Victims:** Shelter and support services so that adults and children can be safe, healthy, and lead violence-free lives.

**24-Hour Helpline: 626-967-0658**

#### Teen Education Services:

1) Healthy Relationships Education Program for Teens to prevent teen dating violence and provide assistance for those already experiencing violence.

2) Respect for All Anti-Bullying Project that uses award-winning films and discussions to reduce prejudice and bullying.

**Services for Seniors:** Nutritious meals and care management so that elders can live in their own homes with independence and quality of life.

**24-Hour Message Line  
626-214-9465**

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### EXECUTIVE DIRECTOR LISA BRABO

This holiday newsletter was intended to convey the joy and cheer of the season. Instead, we find ourselves overcome with grief. Our hearts and prayers are with those in Newtown, Connecticut.

The YWCA San Gabriel Valley sends you our heartfelt greetings, with wishes for a holiday filled with love and the meaningfulness of connection. Thank you for all you are.



**YWCA San Gabriel Valley Staff**

### YWCA SGV Services 2011-2012 Fiscal Year

Thank you to the funders, staff, volunteers, and supporters who made the following FY2012 services to the community possible.

#### Domestic Violence Services

Helping survivors build safe, healthy, and violence-free lives.

- 1,675 calls to the crisis helpline
- 6,023 days of shelter for 172 victims of domestic violence
- 531 victims helped to obtain Temporary Restraining Orders
- 586 group counseling sessions and 355 individual counseling sessions to 215 victims at the YWCA SGV community outreach center

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Donate Your Car to  
**MEALS ON WHEELS**  
1-888-669-5271

Visit our **facebook** page and become a fan of the YWCA SGV

## Healthy Life Employment and Economic Supports Program for People Age 50+

### Leadership Development

**Opportunities** for women, girls and older adults.

If you'd like to help the YWCA SGV save money and communicate more efficiently with you, please sign up (via one of the three options below) for our free email newsletter.

Sign up instantly at  
[www.ywcasgv.org](http://www.ywcasgv.org)

Email us at [info@ywcasgv.org](mailto:info@ywcasgv.org)

Give us a call at (626) 214-9440

### Adopt A Family

If you would like to purchase presents for a domestic violence survivor family for the holidays, please contact Ana Interiano at 626-214-9451 or [anai@ywcasgv.org](mailto:anai@ywcasgv.org).

## Imagine a World

without  
*Violence*



eliminating racism  
empowering women

**ywca**  
SAN GABRIEL VALLEY

## Teen Education Services

Helping teens learn skills for happy and healthy lives.

- Over 2,500 teens attended dating violence prevention presentations
- Over 400 teachers, students, and parents participated in the "Respect for All" anti-prejudice, anti-bullying program

## Senior Services

Helping seniors live in their own homes with dignity and independence.

- Care management help for 1,537 older persons, totaling 6009 hours
- 5,413 telephone reassurance calls to isolated seniors
- 188,983 home delivered meals for 788 older persons (an average of 517 meals a day)
- 267,559 dining center meals for 8,196 seniors (an average of 1070 meals a day)

## Program Wish Lists - For the Holidays or Any Time

### Intervale Senior Services Program - New Items Only, Please



- Thick blankets or throws
- Robes ( one-size-fits-all or if by size, the larger the better)
- Toothpaste, mouth wash, Gold Bond Powder, (any size container)
- Slippers (unisex, larger sizes are better)
- Scarf and beanie sets
- Larger size knit gloves with fingers
- Sweaters (larger is better)
- Jackets (larger is better)
- Electric blankets (full size)

### WINGS Domestic Violence Program - New Items Only, Please



- African American hair products
- Baby Bottles
- Baby Wipes
- Barbies
- Board Games
- Body Lotion
- Body Wash
- Burger King gift cards
- Children's meal booster seats
- Craft items (face paint, yarn, art paper etc.)
- Diapers
- Face Cream
- Family DVDs (no rated R's)
- Foot powder
- Grocery Gift Cards
- Hair Brushes
- Hair clips
- High chairs (including one's that attach to the chair)
- Infant Care Products
- Infant toys
- Kid DVD's
- McDonald's Gift Cards
- Pillows
- Play ground balls
- Propane BBQ
- Rubber flip flops
- Shampoo & Conditioner (not trial size)
- Shirts for Teen Boys
- Socks (all sizes)
- Sports Bras (all sizes)
- Stater Brothers Gift Cards
- Strollers
- Subway Gift Cards
- Sweats (all sizes)
- Target Gift Cards
- Toaster Oven
- Towels (bath, hand towels)
- Twin size blankets
- Twin size comforters
- Underwear (all sizes)
- Vaseline

**Thank you  
for your support!**