

# ywca SAN GABRIEL VALLEY

# our voice



943 No. Grand Ave.  
Covina, CA 91724  
(626) 960-2995  
www.ywcasgv.org

SENIOR SERVICES  
YWCA Intervale  
24-Hour Message Line:  
(626) 214-9465

DOMESTIC VIOLENCE  
YWCA WINGS  
24-Hour Help Line:  
(626) 967-0658

## eliminating racism empowering women

## October 2012

**OUR MISSION** • *To eliminate racism, empower women, and promote peace, justice, freedom and dignity for all.*

### Please vote November 6th

Why is it important? Because voting determines the direction of the country on issues important to you, your family, and your community. Don't miss this opportunity. **Every vote matters!**

### Pampering with a Purpose November 1, 2012 11am to 8pm

**April Love Pro Makeup Academy  
903 E. Las Tunas Drive,  
San Gabriel, CA 91776**

This is a one-day-only fundraising event. Makeovers, normally valued at \$75, are free. Donations to the YWCA SGV will be accepted to benefit the WINGS Shelter for Victims of Domestic Violence. Download the flyer from [www.ywcasgv.org](http://www.ywcasgv.org)

Call Victoria Ung at the YWCA 626.214.9440 for an appointment.

Appointments can be made for groups of up to ten (10) so bring your friends or make it a mother/daughter event. Each appointment lasts about an hour.

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**EXECUTIVE DIRECTOR LISA BRABO**

### Domestic Violence Awareness Month

During the month of October, the YWCA SGV and its community partners sponsor events designed to raise public awareness of domestic violence and the toll it takes on not only its victims, but also families and the larger community.

For example, the YWCA SGV participates in the domestic violence education campaign of Kaiser Permanente and Congresswoman Judy Chu, including their clothing and necessities collection that benefits WINGS domestic violence victims and other domestic violence service programs. The collection sites are at medical centers in Baldwin Park, San Dimas, Montebello, West Covina and Diamond Bar.

During October, other key events included the screening of vision and eye health by the Western University Health Services Department. Free eye exams were provided earlier this month to 120 families from the WINGS program.

Also to raise awareness, Coldwell Banker is hosting its 12th annual pancake breakfast this month in Arcadia. All proceeds benefit WINGS.

YWCA SGV provides safe emergency and transitional shelter, support groups, individual assistance and provides or helps families access longer-term transitional housing. We also help victims access financial support, medical and legal assistance, job development skills for stable employment, transportation and child care.

Through educational presentations, WINGS staff reaches out to people in crisis and raise awareness of the entrenched, overlooked, and widespread social problem of domestic violence.

**The 24-hour DV Crisis Helpline is (626) 967-0658.**

**Visit [www.ywcasgv.org/wings.html](http://www.ywcasgv.org/wings.html) to learn more about DV services.**



### East LA Seniors Now being Served by YWCA SGV

Eight senior centers in East Los Angeles were recently added to areas served by the YWCA SGV's Senior Services group dining and home-delivered meals program.

Some of the locations are Nueva Maravilla Senior Café, Eastmont Community Center, East Los Angeles Service Center, Fairmont Senior Housing, Montebello Senior Center and Roybal Senior Café.

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Take before and after photos and enter to win \$2,000 for YWCA San Gabriel Valley in the Mary Kay Hollywood Dreams Makeover Contest.

### “Miss Representation”

A documentary film by  
Jennifer Siebel Newsom  
November 15, 7-9 pm

Altadena Library

600 E. Mariposa Street

(enter building through back parking lot, as other doors will be closed)

This film challenges television and movies' limited and often disparaging portrayals of women and girls. It contributes to the under-representation of women in positions of power and influence in America today.

Sponsored by National Women's Political Caucus, American Association of University Women, 50/50 Leadership, YWCA San Gabriel Valley, League of Women Voters in Pasadena Area, Women Involved in South Pasadena Political Action, and YWCA Pasadena-Foothills.

### Take a look at these videos from the YWCA SGV

1. Youth leaders interviewed about the YWCA SGV Respect for All anti-bullying project.

[www.youtube.com/watch?v=3VQS9dqkZA4](http://www.youtube.com/watch?v=3VQS9dqkZA4)

2. Lisa Brabo interviewed on NBC's Non-Stop News, hosted by Colleen Williams, about the new Health Life Employment and Economic Supports Program

[www.youtube.com/watch?v=RwV0sLbn50M](http://www.youtube.com/watch?v=RwV0sLbn50M)

View YWCA SGV's New Video on YouTube at [www.youtube.com](http://www.youtube.com) (search YWCA SGV)

Daily hot lunches at these and other YWCA SGV dining centers, provided on a voluntary donation basis, are designed to ensure that low-income seniors have a balanced, nutritious diet.

“By providing services in the home or near homes, we hope to avoid unnecessary and costly institutionalization and keep seniors healthy longer,” says Don Herring, YWCA SGV senior services director. In addition to meals, nutrition screening, health assessments, education, and counseling are also offered.

An added benefit, according to Herring, is the social interaction at the dining sites and with the meal delivery person. “Many of our clients live alone and nutrition services are the most reliable way of ensuring daily contact with other people,” he says.

“About two-thirds of participants in senior nutrition programs are either over or under-weight, placing them at increased risk for health problems,” Herring adds.

The YWCA was selected to operate the eight dining sites and four home delivery routes after a previous program operator's contract was not renewed. The East LA meal sites serve about 300 seniors each weekday and an average of 210 seniors receive home-delivered meals in the new service area.

For information about senior nutrition services, visit [www.ywcasgv.org/intervale.html](http://www.ywcasgv.org/intervale.html)

### Join YWCA Team in November at Walk to End Homelessness



Los Angeles County is the homeless capital of the nation. 51,000 people are sleeping on the streets of our community every night; more than 20,000 of them are women and children; 9,000 are military veterans who risked their lives in service to our country. There are about 5,000 people who are homeless in the San Gabriel Valley.

Join the YWCA SGV and walk as a team in the United Way of Greater Los Angeles' annual 5K Run/Walk to End Homelessness. Dubbed *HomeWalk*, the event brings the community together each year to raise funds for and increase awareness of homelessness.

HomeWalk will be on November 19 at Exposition Park, 700 Exposition Park Blvd., Los Angeles, CA 90037. Check in starts at 7 a.m. and the walk/run is at 9 a.m. To register, or for more information, go to: [www.unitedwayla.org/homewalk](http://www.unitedwayla.org/homewalk) or contact YWCA SGV staff, Melissa Hauck, at [melissahauck@ywcasgv.org](mailto:melissahauck@ywcasgv.org) or 626-960-2995 ext 113.

All money raised through HomeWalk is distributed back into the community to help re-house homeless families and provide permanent supportive housing to our most vulnerable, chronically homeless individuals and veterans.

The YWCA SGV was fortunate to receive a \$100,000 housing stability grant from the United Way of Greater Los Angeles for assistance to homeless victims of domestic violence.

The number one reason for homelessness is loss of a job. With our region's unemployment at the highest it's been in a decade it's not surprising that we are the homeless capital of the nation and that 40% of the homeless population are women and children.

### New DV Stats Show Violence Affects Four out of Ten Women

Latin@s\* and IPV - Evidence-Based Fact Sheet

Four out of ten California women experience physical intimate partner violence in their lifetimes, according to the most recent statewide research by the California Women's Health Survey (CWHs).

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## YWCA SGV Programs

### Services for Domestic Violence

**Victims:** Shelter and support services so that adults and children can be safe, healthy, and lead violence-free lives.

**24-Hour Helpline 626-967-0658**

### Teen Education Services:

#### 1) Healthy Relationships

Education Program for Teens to prevent teen dating violence and provide assistance for those already experiencing violence.

2) Respect for All Anti-Bullying Project that uses award-winning films and discussions to reduce prejudice & bullying.

### Services for Seniors:

Nutritious meals and care management so that elders can live in their own homes with independence and quality of life.

**24-Hour Message Line  
626-214-9465**

**Healthy Life Employment and  
Economic Supports Program for  
People Age 50+**

### Leadership Development

**Opportunities** for women, girls and older adults.

If you'd like to help the YWCA SGV save money and communicate more efficiently with you, please sign up (via one of the three options below) for our free email newsletter.

**Sign up instantly at**

**[www.ywcasgv.org](http://www.ywcasgv.org)**

**Email us at [info@ywcasgv.org](mailto:info@ywcasgv.org)**

**Give us a call at (626) 214-9440**

Visit our **facebook** page and become a fan of the YWCA SGV

 **Donate Your Car to  
MEALS ON WHEELS  
1-888-669-5271**

This study found younger women, 18-24 years of age, were significantly more likely (11 percent) to be victims of physical intimate partner violence in the past year than women in other age groups.

The survey also revealed statistically significant higher rates of intimate partner violence among women who had been pregnant in the last five years (12 percent).

Of those experiencing physical intimate partner violence, 75 percent of victims had children under the age of 18 years at home.

For information about Latinas, check out the Latinas and Intimate Partner Violence fact sheet developed by Casa de Esperanza and Julia Perilla, Ph.D.

- Para obtener la hoja de datos en español:  
[www.cpedv.org/documents/Resources%20/IPVFactSheetspanish.pdf](http://www.cpedv.org/documents/Resources%20/IPVFactSheetspanish.pdf)
- To access the fact sheet in English visit  
[www.cpedv.org/documents/Resources%20/IPVFactSheetenglish.pdf](http://www.cpedv.org/documents/Resources%20/IPVFactSheetenglish.pdf)
- For more information about the CWHS, visit [www.cpedv.org/Statistics](http://www.cpedv.org/Statistics)



## Don't Miss Field of Valor November 4-11

**F**ield of Valor, organized by the Covina Rotary Club, is a tribute to honor veterans and active duty military for their dedication and service to our nation.

The tribute is a field of 2,000 full-size U.S. flags, each flag honoring a person on active duty military or a Veteran soldier.

The Field of Valor will be at the Sierra Vista Middle School (777 Puente Avenue, Covina 91723). Daily events honoring our brave armed forces personnel are planned for the entire week. Funds raised through this tribute will help assist local families of active duty military, veterans, and the Ontario USO. Go to [www.covinafieldofvalor.org](http://www.covinafieldofvalor.org) for more information.



## Advocates Working to Strengthen Laws

**D**omestic violence prevention advocates across the country are rallying to encourage states to pass new laws to strengthen the rights of domestic violence victims.

One of the reasons for renewed urgency is a 2011 U.S. Supreme Court ruling that upheld a lower court decision that said a victim of domestic violence has no constitutional right to enforcement by police of a protective restraining order against her abuser.

The case, the first involving domestic violence ever heard by the nation's highest court, originated in Colorado, where, in 1999, Jessica Gonzales (now Lenahan) called her local police department to report her estranged husband had violated a court-ordered restraining order to stay away from her and her three children.

Authorities ignored her pleas for help and her husband went on to commit suicide after murdering their three children and stuffing their bodies in his truck.

Following the Supreme Court ruling, the case was brought before the Inter-American Commission on Human Rights, which, earlier this year, ruled that the United States had violated the human rights of Gonzales and her children by not protecting them from a known abuser.

The commission also strongly encouraged new laws to be passed that would ensure that these human rights would not be violated in future domestic violence cases. ■