

# ywca SAN GABRIEL VALLEY

# our voice



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SENIOR SERVICES  
YWCA Intervale  
24-Hour Message Line:  
(626) 214-9465

DOMESTIC VIOLENCE  
YWCA WINGS  
24-Hour Help Line:  
(626) 967-0658

## eliminating racism empowering women

## July 2013

**OUR MISSION** • *To eliminate racism, empower women, and promote peace, justice, freedom and dignity for all.*

### Annual Meeting July 24th

Are you interested in learning more about the YWCA San Gabriel Valley? Or perhaps you would like to catch up on our latest activities? If so, join us at our Annual Meeting on July 24, 2013 at 6 pm at 943 N. Grand Ave. in Covina.

Please RSVP to Lisa Brabo at 626-214-9442 or [info@ywcasgv.org](mailto:info@ywcasgv.org)

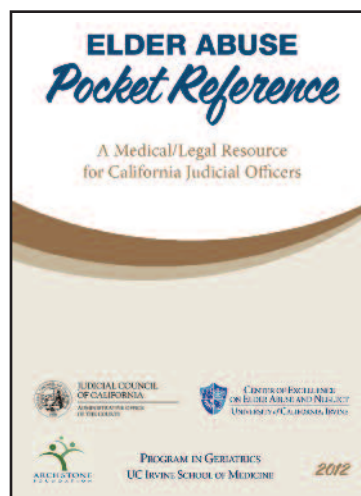
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### EXECUTIVE DIRECTOR LISA BRABO **The Power of Partnership**

Two years of collaborative work have now resulted in a new grant to establish a respite care center in the San Gabriel Valley for people who are homeless. The funder is the UniHealth Foundation, and the partners are the Pomona Valley Hospital Medical Center (grantee), Pomona Community Health Center, YWCA San Gabriel Valley, National Health Foundation, and Corporation for Supportive Housing. The Center will open this fall, and will be a place where area hospitals can discharge homeless patients who no longer need hospitalization, but do need additional time to recuperate. Patients utilizing the Respite Center will also receive case management, assistance with additional resources, and connection with a medical home. This Respite Care Center will be a tremendous addition to the resources available in the San Gabriel Valley, and is now possible because these agencies worked together to make it happen. It is the power of partnership! ■



### **Elder Abuse Pocket Reference For California Judicial Officers**

This new guide contains an overview of elder abuse in California, as well as relevant legal and medical information.

The guide can be accessed at [www.courts.ca.gov/documents/ElderAbusePDoc.pdf](http://www.courts.ca.gov/documents/ElderAbusePDoc.pdf)  
Some of the facts presented in the overview are as follows:

#### **Demographics**

- California currently has more than 4.2 million people age 65 and older,

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## YWCA SGV Programs

### Services for Domestic Violence

**Victims:** Shelter and support services so that adults and children can be safe, healthy, and lead violence-free lives.

**24-Hour Helpline: 626-967-0658**

### Teen Education Services:

1) Healthy Relationships Education Program for Teens to prevent teen dating violence and provide assistance for those already experiencing violence.

2) Respect for All Anti-Bullying Project that uses award-winning films and discussions to reduce prejudice and bullying.

**Services for Seniors:** Nutritious meals and care management so that elders can live in their own homes with independence and quality of life.

**24-Hour Message Line**

**626-214-9465**

**Healthy Life Employment and Economic Supports Program for People Age 50+**

**Safe Routes to School Project:** A partnership with Healthy Azusa and the City of Azusa

### Leadership Development

**Opportunities** for women, girls and older adults.

If you'd like to help the YWCA SGV save money and communicate more efficiently with you, please sign up (via one of the three options below) for our free email newsletter.

**Sign up instantly at**

**[www.ywcasgv.org](http://www.ywcasgv.org)**

**Email us at [info@ywcasgv.org](mailto:info@ywcasgv.org)**

**Give us a call at (626) 214-9440**

11.4% of the state's population and the largest number of elders of any state in the country.

- The number of Californians ages 65 and older is increasing; elders who are more than 80 years old represent the fastest-growing segment of the population.
- In 2020, when the population of Californians age 65 and older increases to more than 6.1 million (15% of the total population), nearly one million of those elders will be at least 85 years old.
- By 2040, there will be nearly 9.7 million California elders 65 years old and older (20% of the population).
- Approximately 13% of people age 65 and older, and nearly half of people 85 and older, have Alzheimer's disease.

### Elder Abuse

- The Department of Justice estimates that one in 20 elders is a victim of neglect or physical, psychological, or financial abuse.
- Most abuse occurs in elders' homes or other domestic settings.
- Adult Protective Services (APS) agencies in California received more than 110,000 reports of elder and dependent adult abuse in 2006-07.
- For every reported case of elder abuse, it is estimated that five cases are never reported. ■



## Domestic Violence Primary Prevention Grant From Kaiser Permanente Baldwin Park

### What is primary prevention?

It is activities that prevent domestic violence. The YWCA SGV's primary prevention efforts are geared toward teenagers, and the recently awarded Kaiser Permanente grant will help strengthen these efforts. Our "Healthy Teens" program prevents dating violence among local teenagers and young mothers through in-school educational presentations and services for those teens already experiencing violent relationships. And our "Respect for All" program is bullying prevention and intervention, because research now shows that today's bullies can become tomorrow's abusers. "Respect for All" uses an innovative curriculum for students, teachers, administrators and parents designed to create safe, hate-free environments.

### Why focus on Teens?

#### Bullying:

- 41% of 7th graders, 34% of 9th graders, and 23% of 11th graders in Los Angeles County public schools report being bullied or harassed at school at least once in the past year. About 40% of bullied students within each grade level report it happened four or more times.

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**school on wheels inc.**  
Tutoring Homeless Children Since 1993

**School on Wheels, Inc.  
Organizational Excellence  
Honoree  
2013 YWCA SGV  
Women of Achievement  
Awards**

Today, families with young children account for 40% of the homeless population. School on Wheels, which assists homeless students, estimates that there are over 56,000 homeless children in the four counties it serves—Los Angeles, San Bernardino, Orange, and Ventura.

What is the cost of homelessness to a child? Beyond the immediate emotional trauma, less than one-fourth of the children from homeless families graduate from high school.

In 1985 Agnes Stevens read Jonathan Kozol's book *Rachel and Her Children*, a study of homeless families in New York City. After she retired in 1989, Agnes began working with homeless children in the Bible Tabernacle shelter in Venice. By 1993, she had established the nonprofit organization, School on Wheels, "to en-

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- Kids who are bullied can experience negative physical, school, and mental health issues, including depression and anxiety, physical health complaints, and decreased academic achievement.

**Teen Dating Violence:**

- Girls and young women between the ages of 16 and 24 experience the highest rate of intimate partner violence, almost triple the national average.
- Among female victims of intimate partner violence, 94% of those age 16-19 and 70% of those age 20-24 were victimized by a current or former boyfriend or girlfriend.
- About 72% of eighth and ninth graders are "dating."
- Teen dating violence negatively impacts the teen's physical, social, and emotional growth. In addition, studies show there is less attention on academics, increased exposure to drugs and alcohol, and a greater likelihood of isolation, sexual assault, and teen pregnancy.

Thank you, Kaiser Permanente Baldwin Park, for your grant to help prevent bullying and dating violence among teens! ■

**Asian American Professional Association  
Organizational Excellence Honoree  
2013 YWCA SGV Women of Achievement Award**



Southern California.

Clearly this "bamboo ceiling" is not due to lack of education, since 16% of all Ivy League college grads and 35% of students at top schools like M.I.T. and Stanford identify as Asian or Asian American.

Although they are well educated and employed, many Asian American professionals typically stay within their respective technical disciplines for their entire careers, never advancing up the "management pipeline." They continue to be nearly absent at the top of educational institutions, corporations, and government positions.

Nine years ago, a group of Southern California Asian American corporate executives and educators, who had advanced to executive ranks, created a year-long mentoring program for Asian American technical professionals. The Program's objective was to strengthen the career and leadership potential for fellow Asian Americans. Through this mentoring, participants gained a real-world understanding of leadership, business management, and the requisite skills to become a manager.

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Although approximately 5% of U.S. residents identify themselves as Asian, Asian Americans hold fewer than 2% of executive jobs at Fortune 500 companies. Asian American Pacific Islanders are the least represented ethnic group in senior leadership positions in



## AAPA

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With the early success of this mentoring program, the same group founded the Asian American Professional Association (AAPA), in 2003. Driven by Executive Director Daphne Ng and a board of directors consisting of executives, entrepreneurs and professionals from the San Gabriel Valley and beyond, AAPA offers a collaborative program where outstanding Asian American leaders serve as role models, organize

networking forums, provide executive mentors and offer a series of mentoring training sessions and workshops.

A former AAPA mentoring program student says, “Having been in a management position since 1993, I learned things that I wish I had known when I was a junior manager. My mentor provided the most valuable advice—personal and professional.”

The YWCA commends the efforts of the Asian American Professional Association in promoting leadership skills to the community it serves. ■

## School on Wheels

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hance educational opportunities for homeless children from kindergarten through twelfth grade.”

With assistance from volunteers, School on Wheels nurtures homeless students with extra time and attention, to show them they are important and cared about. These are children who live in shelters, motels, cars, group foster homes, and on the street. Their average age is 8 years old.

School on Wheels offers a consistent support system during the homeless child's time of great stress and fear. It provides one-on-one tutoring with a volunteer, backpacks, school supplies, school uniforms, assistance in entering school and locating lost records, and guidance for parents.

Through this organization, 1,500 volunteers encourage learning in more than 150 locations 52 weeks of the year. With their help, homeless students learn to read, complete their homework, write essays, and experience friendship.

Former School on Wheels student Angela Sanchez says, “Having someone who had genuine concern for my situation, both academic and personal, dedicate an hour of his time helped me stay focused in my endeavors... For a year and six months I was homeless, but the situation was never a measure of my capabilities.” Sanchez is now attending UCLA.

The YWCA Women of Achievement Award of Excellence recognizes School on Wheels and its volunteer network for the educational support and nurturing they give homeless children. ■