

ywca SAN GABRIEL VALLEY

our voice



943 No. Grand Ave.
Covina, CA 91724
(626) 960-2995
www.ywcasgv.org

SENIOR SERVICES
YWCA Intervale
24-Hour Message Line:
(626) 214-9465

DOMESTIC VIOLENCE
YWCA WINGS
24-Hour Help Line:
(626) 967-0658

eliminating racism empowering women

March 2013

OUR MISSION • *To eliminate racism, empower women, and promote peace, justice, freedom and dignity for all.*

CALENDAR OF EVENTS

Go to www.ywcasgv.org for more information on the following events.

March 23, 2013

Awards Dinner

Covina Center for Performing Arts

May 3, 2013

Tennis Classic Fundraiser

The Claremont Club

May 21, 2013

Women of Achievement in the Field of Education

Pavilion at the Industry Hills Expo Center



EXECUTIVE DIRECTOR LISA BRABO

YWCA San Gabriel Valley Announces Honorees for WOMEN OF ACHIEVEMENT IN THE FIELD OF *Education*

The YWCA SGV will be honoring extraordinary women and organizations who have impacted the field of education for the 2013 “Women of Achievement in the Field of Education: Honoring Passion, Dedication, and Achievement” awards event.

Honorees will be guests of the YWCA San Gabriel Valley (YWCA SGV) at the Women of Achievement Awards dinner Tuesday evening, May 21, 2013, at the Pavilion in the Industry Hills Expo Center (16200 Temple Avenue, City of Industry). A reception begins at 5 pm, with dinner at 6 pm and the awards program at 7 pm.

The Honorees are:

Corina Benavides Lopez, Ph.D.

Pamela Driscoll, M.Ed.

Elizabeth Hoppe, O.D., Dr.P.H.

Amy Marcus-Newhall, Ph.D.

Carol Moak, M.S., PPS

Catherine J. Nichols, Ed.D.

Lourdes C. Salandanan, MSN, RN-BC, FNP

Rebecca Summers, M.Ed.

Rebecca Valbuena, M.Ed.

Life's Work Awards of Distinction

Pat Rasmussen, Ed.D.

Bonnie Wilson, M.Ed.

Organization Awards of Excellence

Asian American Professional Association

School on Wheels, Inc.

You can download the registration form at www.ywcasgv.org.

Please Join us for the event!

Visit our [facebook](#) page and become a fan of the YWCA SGV



**Donate Your Car to
MEALS ON WHEELS
1-888-669-5271**

YWCA SGV Programs

Services for Domestic Violence

Victims: Shelter and support services so that adults and children can be safe, healthy, and lead violence-free lives.

24-Hour Helpline: 626-967-0658

Teen Education Services:

1) Healthy Relationships Education Program for Teens to prevent teen dating violence and provide assistance for those already experiencing violence.

2) Respect for All Anti-Bullying Project that uses award-winning films and discussions to reduce prejudice and bullying.

Services for Seniors: Nutritious meals and care management so that elders can live in their own homes with independence and quality of life.

**24-Hour Message Line
626-214-9465**

Healthy Life Employment and Economic Supports Program for People Age 50+

Safe Routes to School Project: A partnership with Healthy Azusa and the City of Azusa

Leadership Development

Opportunities for women, girls and older adults.

If you'd like to help the YWCA SGV save money and communicate more efficiently with you, please sign up (via one of the three options below) for our free email newsletter.

Sign up instantly at

www.ywcasgv.org

Email us at info@ywcasgv.org

Give us a call at (626) 214-9440



healthYlife meals

New Upscale Meal Delivery "HealthYLife Meals"

A new upscale food delivery service is being launched this month by the YWCA SGV. This social enterprise will fill a gap in the prepared meals market, and is designed for people who would like more variety in healthy meal choices that can be delivered right to their door. A two-year grant from the Blue Shield Foundation is supporting the staff time needed to launch this enterprise. Funds raised will support the YWCA SGV direct service programs.

Meals can be ordered through the new website at www.healthylifemeals.com, or call (626) 214-9474 for introductory pricing on your first week's meals.

A SAMPLE FIVE-DAY MENU

Monday

Cranberry Dijon Chicken Breast
with Roasted Southwestern Vegetables
and Herb Yukon Potatoes

Tuesday

Apple Ginger Pork Loin with Sautéed Zucchini and Tomatoes
over fragrant Basmati Rice

Wednesday

California Fusion Sirloin Strips over Coconut Rice
with Sautéed Baby Spinach

Thursday

Chicken Breast Roulade stuffed with Gorgonzola Cheese,
served with Garlic Braised Mushrooms
and Roasted Red Potatoes

Friday

All American Roasted Turkey Breast in Gravy with Cranberry
Stuffing and a Peas over Carrots Blend

"Dessert of the Day"

is included with each meal,
and vegetarian
options are available.



Register Now for 40th WINGS Tennis Classic

The saying goes, “If it ain’t broke, don’t fix it.” After 39 years, the WINGS Tennis Classic, a round-robin tournament that benefits the YWCA SGV’s domestic violence program, has a winning formula that isn’t changing.

The May 3rd tournament this spring will be the 40th annual, and it’s an event that tennis aficionados in the San Gabriel Valley won’t want to miss.

“About 90 percent of people who play have played for years and everyone is dedicated to supporting the domestic violence shelter and its programs,” said Ann Baker, tournament chair. “We are grateful to be able to raise more than \$50,000 annually to support survivors of domestic violence through this event.”

“It’s a very well-run tournament where everyone has fun,” said Zoe Bushor, who has coordinated court assignments for the past decade. “There are more than a dozen of us who have worked on all the planning for years and we are a well-oiled machine by now.”

Each year, 250 people play in the round robin doubles and mixed doubles event.

Registration now before all the courts are filled! Download registraion form at www.ywcasgv.org/forms/tennis2013.pdf



Domestic Violence Groups Applaud New Violence Act

The YWCA SGV, along with domestic violence groups across the nation, are applauding the passage last month of the ***Violence Against Women Reauthorization Act of 2013***.

Congressional approval and the signing of the bill by President Obama signal a new era of accountability for perpetrators and justice for survivors of domestic violence, sexual assault, stalking and teen dating violence.

Advocates believe that bipartisan support of the bill is also a victory for LGBT, immigrant and Native communities, since the act specifically protects them.

“The passage of the VAWA bill will finally protect all victims of intimate partner violence and hold all perpetrators accountable,” said Ana Interiano, assistant director of the WINGS Domestic Violence Program.

“We applaud Congress and the 1,300 advocacy organizations like the YWCA SGV which together annually serve 1.3 million victims of domestic and sexual violence,” she added.

The act, originally signed by President Clinton, provided \$1.6 billion toward investigation and prosecution of violent crimes against women, imposes automatic and mandatory restitution on those convicted, and allows civil redress in cases prosecutors chose to leave unprosecuted.

The act also established the Office on Violence Against Women within the Department of Justice. ■