

ywca SAN GABRIEL VALLEY

our voice



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Covina, CA 91724
(626) 960-2995
www.ywcasgv.org

SENIOR SERVICES
YWCA Intervale
24-Hour Message Line:
(626) 214-9465

DOMESTIC VIOLENCE
YWCA WINGS
24-Hour Help Line:
(626) 967-0658

eliminating racism empowering women

April 2011

OUR MISSION • *To eliminate racism, empower women, and promote peace, justice, freedom and dignity for all.*

38TH ANNUAL TENNIS CLASSIC FUNDRAISER MAY 6, 2011 CLAREMONT CLUB

This tennis fundraiser supports the WINGS Domestic Violence Program. If you would like to participate please see below:

1. Download **registration form** for tennis players from www.ywcasgv.org
2. Download **sponsorship form** for tennis players from www.ywcasgv.org
3. Download **Silent auction item donation forms** for tennis players from www.ywcasgv.org

For more information, contact the Chair, Ann Baker, at annbaker@cox.net or (858) 481-1011.



EXECUTIVE DIRECTOR LISA BRABO

Join Us for Our May Events!
May 6 Tennis Classic
May 19 Women of Achievement

May 6 Tennis Classic

Play round robin tennis or join us for lunch at this truly fun fundraiser for the WINGS Domestic Violence program. It is being held at the beautiful Claremont Tennis Club in Claremont. You can register online at www.ywcasgv.org.

May 19 Women of Achievement

Please join us in celebrating the 2011 Women of Achievement! The awards event will be May 19, 2011 at the Diamond Bar Center in Diamond Bar, CA. You can register online at www.ywcasgv.org. The agenda is below. Participants can attend all or part of the day as their schedule allows.

- 9:00am Registration/Continental Breakfast
- 9:30am Workshop - Women and Money: Fulfilling Your Prosperity Potential
- 11:00am Pre-Luncheon Reception
- 12:00pm Women Of Achievement Awards Luncheon



YWCA Works to Meet Needs of Chinese and Vietnamese Seniors

To better meet the needs of non-English-speaking clients, the YWCA SGV has two case managers who speak Cantonese, Mandarin and Vietnamese, as well as four additional local dialects of the Chinese and Vietnamese languages. Case Managers, Vivian Chen and Patrick Thong, provide services for many dozens of foreign-born seniors. The agency has also recently introduced a Chinese brochure that details YWCA services. You can download the brochure at www.ywcasgv.org.

The Asian American community is growing faster than any other ethnic population in the nation, and in the San Gabriel Valley, the YWCA SGV is increasing its outreach to meet the needs of Chinese and Vietnamese seniors. Last year, about 40 percent of the 519 clients



continued on next page

"Honoring Vision & Voice"

**Conference & Women of Achievement
Awards Luncheon
Thursday, May 19, 2011
Diamond Bar Center**

This event features inspiring speakers and women of achievement honorees. Sponsor information can be downloaded from ywcasgv.org. Registration materials will be available soon. For more information, contact Lisa Brabo, at info@ywcasgv.org or (626)-214-9442.

KCET Anchor Val Zavala to present Women of Achievement Keynote Address



KCET anchor/reporter Val Zavala will present the keynote address at the YWCA SGV's annual Women of Achievement Luncheon, May 19 at the Diamond Bar Center. The luncheon is the high-

light of a day of workshops and seminars to promote women's empowerment. With several hundred participants expected, this year's theme is "Vision and Voice." To register, visit www.ywcasgv.org.

Val started in 1987 with KCET, an independent (formerly PBS) TV station serving Southern California. In addition to anchoring, reporting and producing the public affairs program, "Life and Times," she has produced several news programs and specials that have won her 14 LA Area Emmys and eight Golden Mikes.

Val began her reporting career at commercial news stations, and for the past 24 years, has covered major issues impacting Southern California politics, education, health care, environment, demographics, arts and culture.

She has been honored by numerous organizations including Hispanic Americans for Fairness in Media, the California Chicano News Media Association and was one of the 100 most influential Latinas in "Hispanic Business Magazine" in 2006.

A recipient of the Stanford University John S. Knight Journalism Fellowship, she earned her master's in journalism from American University in Washington, D.C. and her B.A. from Yale University.

served by case managers in Senior Services indicated that their primary language was Chinese (Mandarin or Cantonese) or Vietnamese.

"This is a significant growth, compared to ten years ago, when we served a much smaller percentage of Chinese and Vietnamese speaking clients annually," said Lisa Brabo, executive director of the YWCA SGV. "With the growth of the Asian immigrant population locally, we have seen a commensurate increase in the need for services, especially among senior citizens, who are not only linguistically but culturally isolated."

Vivian and Patrick do everything from helping clients complete forms to get low-income rates on utilities to referring them to health services in their neighborhood.

"Our clients are so grateful for our help," says Vivian. "They may not have relatives nearby who can help, and often don't know what is available for senior citizens in their community."

For information about senior services in English, Spanish, Chinese and Vietnamese, contact Blanca at 626-214-9465.

Mrs. A

Mrs. A is an 87 year old Chinese female, who lives alone in San Gabriel Valley area. Mrs. A does not speak English and her primary language is Chinese/Cantonese. Due to multiple medical conditions and low mobility, Mrs. A is homebound. Since she is monolingual, Mrs. A lacks knowledge of and the ability to access community resources. Mrs. A is low income and does not have enough resources to pay her utility services.

In order to increase Mrs. A's resources, the YWCA SGV care manager referred her to the Low Income Home Energy Assistance Program (LIHEAP) for utility bills assistance. The care manager assisted Mrs. A in completing her LIHEAP application and mailed it out with required documentations. Mrs. A received notice that she will receive a credit of \$189.00 for her utility payment. In order to educate Mrs. A about elder abuse, the care manager provided her with the YWCA SGV Elder Abuse Toolkit. The toolkit contains information on how to identify the various forms of elder abuse and how to get help. The care manager also provided Mrs. A with information on how to identify and access available community resources and services for seniors within her community, such as the local senior center, home delivered meals, the Chinese Christian Herald Community Center, transportation services, etc. As a result, Mrs. A can continue to live independently in her own home and has better access to more community resources. ■



Rosemary Case and Tennis: A 35-Year Love Affair on the Courts

Ask Rosemary Case what she's doing Monday, Wednesday and Thursday—and she'll tell you she's playing tennis. "I play three or four times a week, as much as I can," says the Arcadia grandmother of three and mother of two grown women, who also play tennis regularly.

continued on next page

YWCA SGV New Video!

View it on YouTube at
www.youtube.com
(search YWCA SGV).

Visit our [facebook](#) page and
become a fan of the YWCA SGV!



YWCA SGV Programs

Services for Domestic Violence Victims: Shelter and support services so that adults and children can be safe, healthy, and lead violence-free lives. **24-Hour Helpline 626-967-0658**

Teen Education Program: Presentations in schools about healthy relationships to prevent teen dating violence and provide assistance to teens in need.

Services for Seniors: Nutritious meals and care management so that elders can live in their own homes with independence and quality of life. **24-Hour Message Line 626-214-9465**

Leadership Development Opportunities for women, girls and older adults

If you'd like to help the YWCA SGV save money and communicate more efficiently with you, please sign up (via one of the three options below) for our free email newsletter.

Sign up instantly at
www.ywcasgv.org

Email us at info@ywcasgv.org
Give us a call at (626) 214-9440

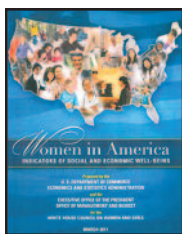
As one of the senior players at the **38th Annual YWCA SGV Wings Round Robin Tennis Classic**, Rosemary has seen her share of tournament trophies and awards over the last 36 years of her participation. But she says she loves tennis for the camaraderie, and not necessarily for the competition.

"I've met such wonderful women playing tennis," she says. "I will never give it up because I don't want to give up the friendships." As one of the key supporters of the fundraising event for the YWCA SGV Wings Domestic Violence program, Rosemary has raised thousands of dollars by getting her friends to sign up for the event. Although some of the women she started playing with three decades ago have passed away, she still keeps in touch with many of them, including one tennis buddy in her 80's who's registered for this year's tournament again.

"We have so much fun on the court—and then we always do lunch or coffee afterward" recalls Rosemary of her weekly encounters with her tennis friends. "We don't even care if we win—being together is like therapy for us."

Although she understands that many women today are too busy with full-time jobs to play often, Rosemary advises the "younger generation" to make time for fitness and fun. "It's cheap and easy to take lessons at your local city or county courts—and you'll meet the best people," she says.

For information about the upcoming May 9 tennis classic, visit www.ywcasgv.org.



White House Report Shows Women Are Making Progress

During March, National Women's History Month, the White House released a major report about women, "Women in America: Indicators of Social and Economic Well-Being." The statistical report is the first of its kind in 50 years to provide a comprehensive view of the status of American women.

http://www.whitehouse.gov/sites/default/files/rss_viewer/Women_in_America.pdf
Report highlights show:

- Women have made enormous progress on some fronts. Women have not only caught up with men in college attendance but younger women are now more likely than younger men to have a college or a master's degree. Women are also working more and the number of women and men in the labor force has nearly equalized in recent years.
- But gains in education and labor force involvement have not yet translated into wage and income equity. At all levels of education, women earned about 75 percent of what their male counterparts earned in 2009.
- In part because of these lower earnings and in part because unmarried and divorced women are the most likely to have responsibility for raising and supporting their children, women are more likely to be in poverty than men.
- These economic inequities are even more acute for women of color.
- Women live longer than men but are more likely to face certain health problems, such as mobility impairments, arthritis, asthma, depression, and obesity. Women also engage in lower levels of physical activity.
- Women are less likely than men to suffer from heart disease or diabetes. Many women do not receive specific recommended preventative care, and one out of seven women age 18-64 has no usual source of health care.
- The share of women in that age range without health insurance has also increased.
- Women are less likely than in the past to be the target of violent crimes, including homicide, but more likely to be victims of intimate partner abuse. ■